

CENTRAL MIDLANDS SENIOR HIGH SCHOOL



NEWSLETTER

TERM TWO | FRIDAY 29 MAY 2026

PRINCIPAL'S ADDRESS

Mid-Term Term 2 has been a positive period at Central Midlands SHS, with students demonstrating commitment to wearing our uniform and making positive choices. Highlights include the Northam Netball Cup, Do It For Dolly Day, and the Road Safety incursion.

Students have also been involved in OLN testing and sitting Externally Set Tasks. Our ATAR students have been sitting exams, and we have many events to look forward to on our calendar, culminating with Countryweek at the end of term.

Our Agricultural Advisory Committee has continued with the strategic work toward gaining formal recognition as a Public School with a Farm, and we have received over \$15,000 in local business support with fencing to be erected soon.

A sincere thank you to our P&C for their contributions to our mountain bikes, soccer goals, volleyball net and wobble stools, and we encourage our wider community's continued support of our battery drive

and fundraising events as we prepare for Countryweek.

The winter bugs have already landed in Moora and we know it is important to protect ourselves and our school community. Please let us know if your child cannot attend school due to illness. Stay warm and healthy.

Mrs Bronwyn Wright

PRINCIPAL

A warm smile is the
universal language
of kindness.

William Arthur Ward

UPCOMING DATES

- Mon 1 Jun** - WA Day - Student free day
- Tues 9 Jun** - Childcare Careers Incursion Yr 9/10
- Fri 19 Jun** - Zoo Excursion Yr 7
- Tues 23 Jun** - Yr 12 ATAR English Excursion to Curtin Uni
- Thur 25 Jun** - Photo Day & Country Week Assembly 
- Mon 29 - Fri 3 Jul** - Country Week
- Fri 3 Jul** - Last day of Term

MERIT CERTIFICATES

Congratulations to the the students who were awarded a Merit Certificate at Assembly in Week 4, on May 12.

- Layla Baek
- Charlotte Morrison
- Piper Armstrong
- Ruby Panizza
- Nyrie King
- Charlie Berridge
- Lenon Chinyanga
- Barry Edwards
- Chloe Almeyda
- Dalila Wilkes x2
- Liam Ekron
- Nate Bryants
- Billy Beukes x 2



SCIENCE UPDATE

On Friday 8 May, students at Central Midlands Senior High School had the opportunity to learn about the incredible work and legacy of David Attenborough as he celebrated his 100th birthday.

Sir David has transformed the way we understand life on Earth, inspiring generations through his passion for nature, conservation, and science. His documentaries have made the wonders of our planet accessible and enjoyable for people all around the world. Our students have loved exploring his contributions and learning about the importance of protecting our environment for future generations.

The students and staff at CMSHS would like to wish Sir David a very special Happy 100th Birthday!

Mrs Lori Newman
SCIENCE TEACHER



SHOUT OUT TO THE P&C



We celebrate our amazing P&C and everything they do for our school community. ❤️

We are incredibly grateful for the ongoing support and generosity they provide to our students and staff. Thanks to their fundraising efforts and dedication, our school has received funding for mountain bikes, a volleyball net, wobble stools, and soccer goals – all helping to create more opportunities for learning and wellbeing.

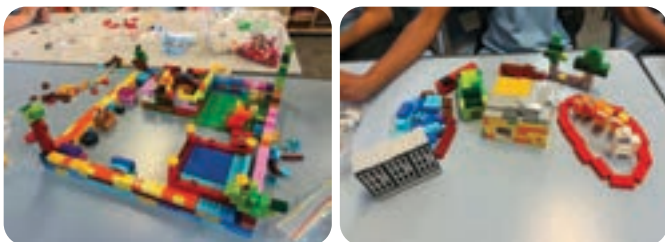
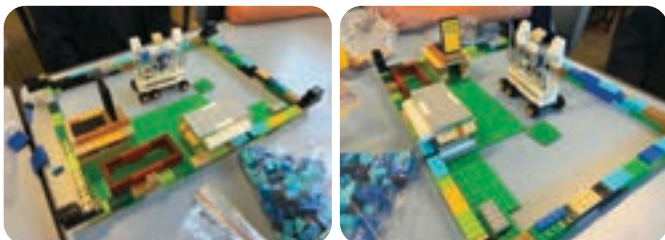
Thank you to our wonderful P&C members for the time, effort, and care you put into making a positive difference at our school. We truly appreciate everything you do!



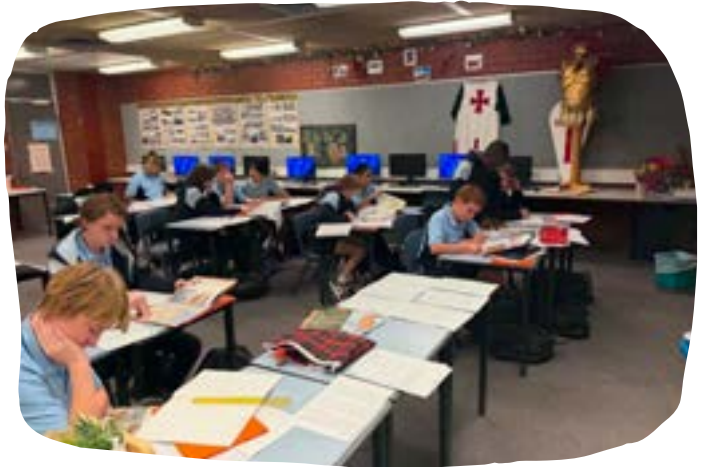
YEAR 8 HASS

Year 8s have been demonstrating their knowledge of medieval life in HASS by building Lego Lord's manors. They included features like livestock housing, simple sewage systems, wells and defence mechanisms to ward off barbarian raiders. Well done year 8s.

Mrs Bella Serra-Sanfelin
HASS TEACHER



In the spirit of medieval history our Year 8 students are also turning to ancient technology to assist with their research into the dark ages - Books! Who knew they were so exciting?



FARMERS CORNER

Tayla Conn delivered the goods from Nutrien in week 5; brand new gates and strainers to construct our new school farm fences. Our Year 11 & 12 Animal Production students were very thankful for all Tayla's assistance with fence planning and product assistance. Our Year 10 Food and Fibre students got their hands dirty unloading the delivery. A fantastic team effort. Stay tuned for more updates!

Mrs Bella Serra-Sanfelin
AGRICULTURE TEACHER

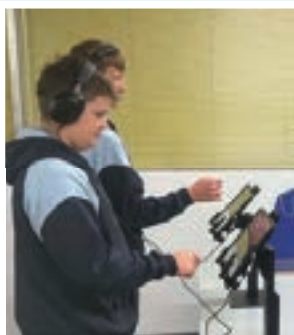


ROAD SAFETY INCURSION

In Week 2, students participated in a Road Safety incursion. They rotated in small groups through multiple stations, each with different tasks and scenarios. The were interactive and included VR headsets, E-scooters, virtual car steering wheels, board games, and iPads. They worked in teams and one team won prizes by solving a puzzle at the end. This incursion was engaging and gave them a lot of information on how to stay safe on the roads in vehicles, on foot and bikes. They learnt a lot of road rules as well.

Ms Bhupinder Kaur

PHYSICAL EDUCATION TEACHER





NORTHAM NETBALL CARNIVAL

Students had the opportunity to participate in the Wheatbelt Goldfields High School Cup Netball Carnival, hosted by Netball WA's Wheatbelt Goldfields Regional Office as part of the West Coast Fever Cup program. The carnival took place on Thursday 7 May at Northam Recreation Centre. The event provided students with the chance to represent the school in a competitive and enjoyable netball environment against other schools from across the region. Everyone played their hardest and had fun.





Free online workshops for parents

Term 2, 2026

Who is running the workshops?

School Psychologist Consultants from the Department of Education WA.

What are the workshops about?

We are offering free, live online workshops to help parents and carers support their children. Most workshops are part of the **Triple P – Positive Parenting Program**, which gives simple ideas to help children learn skills, behave well, and feel confident. Some workshops may focus on other topics to support families.

Who can join?

All parents and carers are welcome. The workshops are free and online.

How do I join a workshop?

Scan the QR code or [click here](#) to register. You will receive a confirmation email with a Webex link and reminder before the session.

Note: Webinars are live and not recorded. For the best experience, we recommend downloading the [Webex app](#) before the session.



Want to learn more?

You can register for a range of free face-to-face, live online, or self-paced parenting programs via the [Department of Education WA](https://www.education.wa.edu.au/triple-p) website: <https://www.education.wa.edu.au/triple-p>.

Child and Parent Centres also support families across WA with early learning programs, health services, and family support. Visit the [Child and Parent Centres WA](https://childandparentcentres.wa.edu.au) website to find a centre near you: <https://childandparentcentres.wa.edu.au>.



Child and Parent Centres

Workshop	Date and Time
<p>Stepping Stones – Positive Parenting for Children with a Disability Parents of children with a developmental disability are given ways to deal with the kinds of childhood behaviour problems and issues that can make family life stressful. This seminar will help families with; Creating a safe, interesting environment, Having a positive learning environment, Using assertive discipline; Adapting to a child with a disability; Taking care of yourself; Being Part of the Community and; Having realistic Expectations as parents.</p>	<p>Monday 11th May 8.00pm – 10.00pm</p>
<p>Fear-Less: Supporting children with anxiety (6-14 years) Everyone feels anxious at times, even children and teenagers. But anxiety may cause distress and get in the way of life. This seminar will help parents to understand how anxiety works, how to manage your child's anxiety effectively and teach new coping skills.</p>	<p>Tuesday 12th May 7.00pm – 9.30pm</p>
<p>Independent Eating Family meals can be an enjoyable social event. Mealtimes with a toddler can be busy and chaotic while they are learning how to eat independently. This workshop gives some strategies to help you encourage your toddler to eat with a spoon, sit at a table with others and eat a variety of foods.</p>	<p>Power Hour: Lunchtime Session <i>A condensed, impactful session</i> Friday 22nd May 12.00pm – 1.00pm</p>
<p>Developing Screentime Routines The toddler years are a time of rapid growth and brain development. Toddlers develop best when their day is filled with a mix of physical activity, creativity and imaginative play, time with others and time to rest. Digital devices like phones, tablets, games and TV are part of everyday family life in most homes and can be part of a healthy lifestyle. This workshop gives some suggestions to help you establish healthy screen time routines.</p>	<p>Monday 25th May 8.00pm – 10.00pm</p>
<p>Making and Keeping Friends (10-16 years) Peer relationships become increasingly important during the teenage years, and parents may find it difficult to navigate and adjust to these changes in relationships. This session will provide suggestions on how to support your child to make friends, encourage positive relationships with peers, set appropriate boundaries and deal with challenges arising.</p>	<p>Tuesday 26th May 7.00pm – 9.00pm</p>
<p>Developing Good Bedtime Routines for Toddlers This session explores different problems parents commonly face at bedtime and some of the reasons why they happen. The skills children need to get into a good bedtime routine are discussed and parents are introduced to positive parenting strategies to help prevent problems by encouraging children to stay in their own bed throughout the night; using gentle, gradual and direct approaches and parents can choose which approach suits best.</p>	<p>Power Hour: Lunchtime Session <i>A condensed, impactful session</i> Friday 5th June 12.00pm – 1.00pm</p>
<p>Raising Confident, Capable Children Parents are introduced to six core building blocks for children to become confident and successful at school and beyond including; Showing respect to others; Being considerate; Having good communication and social skills; Having healthy self-esteem; Being a good problem solver and becoming independent.</p>	<p>Monday 8th June 8.00pm – 10.00pm</p>
<p>Power of Positive Parenting (children under 12 years) Children of all ages need a safe, secure and loving environment to do well. This seminar will discuss children's behaviour, how to create a safe, interesting and positive learning environment, how to use assertive discipline, and taking care of yourself as a parent.</p>	<p>Tuesday 23rd June 7.00pm – 9.00pm</p>





HEROES TO HUB



**IGNITED BY COURAGE
CARRIED BY HEART**

Join us for Heroes to Hub, a powerful 26km run inspired by two young lives forever changed by the care and courage of the RFDS.

Event Details

-  Date: Saturday, 11th July 2026
-  Route: Newhome Farm to Mogumber Hub
-  Distance: 26km Run, Walk, or Ride
-  Goal: Raise \$26,000 for RFDS



Register, donate or
learn more here

Interested in Volunteering, Participating, or Fundraising?
Contact Kym at 0427 531 668 or Erin at 0428 490 920
for more information.



HEROES TO HUB



PARTNERWITHPURPOSE

Want to make a real difference while showcasing your support? Get involved with one of our exciting partnership packages and be part of a community event that has a real impact!

Bronze Package

\$250 (25 available)

- Logo at one of 25 km markers
- Logo featured on social media

Silver Package

\$500 (10 available)

- Branded drink station
- Logo featured on social media

Gold Package

\$1,000 (6 available)

- Premium signage at start, middle or finish line
- Sponsor spotlight & promo opportunities
- Logo featured on social media

Platinum Package

\$2,500+ (No limit!)

- Major Sponsor status displayed at the Mogumber Hub
- Special recognition throughout the event
- VIP social media & more

Number of packages may change depending on the generosity of our community.

GET IN TOUCH!!

Erin - 0428 490 920

Kym - 0427 531 668

heroestohub@gmail.com